



**SLOVAKIA
EXPLORER**



Slovakia Mountain Adventure

Last updated: 25/06/2026

Hike, Raft & Cycle in three national parks: the High Tatras, Slovak Paradise and Pieniny.

Holiday code: AHT

Countries included: Slovakia

Activity level: 3

Themes: Multi Activity

Tour type: Guided Groups

Minimum age: 16

Duration: 7 nights

Available in: May, Jun, Jul, Aug

Overview

This **multi-activity** holiday combines beautiful scenery with active adventures in the **Slovakian Carpathian Mountains**. You'll **cycle, raft** and **hike** through three of Slovakia's most popular **National Parks**, including the **Tatra Mountains, Slovak Paradise** and **Pieniny**, as well as UNESCO World Heritage Sites and lofty peaks. Come and explore Slovakia's natural beauty in the most exciting way possible on an active, European adventure.

Why we think this trip is fantastic, and you'll love it!

- **Rafting** one of the longest canyons in Central Europe in Pieninski National Park.
- **Hiking** trails in the High Tatras with spectacular panoramic views.
- **Cable car** to Mountain huts and lakes.
- **Medieval towns** UNESCO Levoca
- **Spissky Castle**, one of the biggest UNESCO castles in Central Europe.
- **Bike ride** with stunning views of the Tatra Mountains.
- **Adventurous canyon walk** in the Slovak Paradise national park using ladders and benches.



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Itinerary

Day 1: Start in Poprad or Krakow, then transfer to your hotel in the High Tatras, Slovakia!

Meet us at your **preferred airport** and enjoy **hassle-free transport** directly to your hotel in **Smokovec**, a cosy village at the foot of **Gerlachovsky Peak** in the **High Tatras**. After check-in, relax and enjoy the surroundings.

Later, join your group for an introductory briefing with your guide, who will outline the exciting plans for the days ahead.

Meals included: no meals included on this day

Overnight: Smokovec

Day 2: Cable car to Skalnaté Pleso, then walk to mountain huts and waterfalls

This morning, take a scenic tram to **Tatranska Lomnica** and a cable car to **Skalnaté Pleso** (1,751m), a crystal-clear mountain lake beneath **Lomnický Peak** (2,634m). Hike a family-friendly trail through the Tatras, passing mountain huts and waterfalls. Enjoy lunch at **Zamkovského hut**, visit **Cold Creek waterfalls**, and explore **Rainerova hut**, the oldest in the Tatras.

Walking: 4,5hrs, 11km/6,8mi, 400m up, 400m down.

Meals included: Breakfast, Packed Lunch

Overnight: Smokovec

Day 3: Hike, Raft & Bike: Explore Pieninsky National Park

Start your day with an exhilarating 9 km **rafting trip** through the stunning 23km **Dunajec Gorge**, surrounded by towering cliffs and lush forests. After a tasty lunch at a traditional restaurant, **cycle** along the scenic **Dunajec River** to the legendary **Red Monastery**. Discover its fascinating stories, including the tale of monk Cyprian, before returning to your hotel.

Walking: 20 minutes, 1km/0,6mi, 0m up, 22m down

Cycling: 1 hour, 8km/4,9mi, 73m up, 67m down

Meals included: Breakfast

Overnight: Smokovec

Day 4: Tatra tram to Strbské Pleso, Slovakia's highest village, then walk to Popradské Pleso

This morning we'll take a mountain tram to **Strbské Pleso**, Slovakia's highest village. Famous for its beautiful tarn, or a mountain lake, the village is a popular destination for skiers during the winter season, while in the summer, it is a much sought-after stop for walkers and hikers. There is a wide range of trips and walks on offer to suit all tastes, from easy to demanding treks.

For today, we've picked an easy hike to **Popradské Pleso hut**, with one of the biggest mountain lakes in the Tatras right next to it. Here we'll enjoy a lunch on the hut's terrace with views of the lake and surrounding peaks before returning to Strbské Pleso, followed by a tram back to Smokovec.

Walking: 5hours, 12km/7,5mi, 358m up, 358m down

Meals included: Breakfast

Overnight: Smokovec

Day 5: Explore UNESCO sites: Spišsky Castle & Levoča

Today, we explore two of Slovakia's most remarkable **UNESCO sites: Spiš Castle and Levoča**.

Our adventure begins at Spiš Castle, Central-Eastern Europe's largest castle complex dating back to the 9th century. Next, we visit Levoča, a beautifully preserved medieval town at the foothills of **Slovak Paradise National Park**. Surrounded by historic city walls, it boasts the **Basilica of St. James**, home to the world's tallest wooden altar, and the elegant **Town Hall**. After exploring, we'll enjoy lunch at a traditional medieval-style restaurant, before returning back to Smokovec.

Meals included: Breakfast

Overnight: Smokovec

Day 6: Go canyon walking in the Slovak Paradise National Park

This morning we'll transfer half an hour to the heart of the **Slovak Paradise National Park**, where you'll start your guided walking adventure with a hike through the 13km **Prielom Hornádu canyon**. A 13km-long section of the river cuts through a gorge, and ladders and bridges take you along and up it. The most visited part is the **'Tomasovsky Vyhlad'** rock gallery, where a 200m limestone rock rises from the Hornád River and provides stunning views of the park. In the late afternoon, you'll head back to your hotel.

Walking: 5 hours, 10km/6,2mi, 416m up, 363m down

Meals included: Breakfast, Packed Lunch

Overnight: Smokovec

Day 7: Free day for optional activities

Today is a free day – and there's plenty to do!

Choose from caves and castles, hot springs in the foothills of the Tatra Mountains. Walk to mountain huts, waterfalls and more.

This evening your tour leader will arrange a farewell dinner, so you can regale in tales of your trip before heading home.

Meals included: Breakfast

Overnight: Smokovec

Day 8: Transfer back to the airport

Enjoy a smooth transfer back to your preferred airport, where your adventure comes to an end.

Meals included: Breakfast

Essential Holiday Information

Start point

Poprad or Krakow.

End point

Poprad or Krakow.

Getting there

Flights & Airport Options

Poprad or Krakow: Which One to Choose?

Poprad-Tatry International Airport, Slovakia

For the most convenient journey, we recommend flying from London Luton or London Stansted to

Poprad-Tatry, nestled in the stunning foothills of the High Tatras. This route includes a quick and hassle-free transfer of just 20 minutes to your hotel, making it the ideal choice for those travelling from the UK.

Krakow International Airport, Poland

If flying to Poprad-Tatry isn't convenient, you can also fly to Krakow, which offers a wide range of international flights. For an additional fee, you can join a group transfer from Krakow Airport directly to your hotel. The journey takes about 2 hours and 15 minutes.

Price: €49 per person

On **day one**, the transfer **departs Krakow Airport at 17:00**.

On your **final day**, the transfer leaves the High Tatras **after lunch** and drops you off at Krakow Airport **by 16:00**. Please **plan your flights accordingly**.

***Private transfers at alternative times are available upon request.**

Inclusions

What's Included

- Seven nights in a three-star hotel
- Seven breakfasts, one packed lunch
- All activities as per itinerary
- Airport transfers
- All transfers to/from activities

What's not Included

- Travel insurance
- Flights
- Everything not mentioned in the itinerary

Extras

Single Room Supplement: Enjoy Extra Privacy

For a bit more privacy, opt for a single room supplement at 129 EUR and enjoy your own space on the journey!

Accommodation

Our Selected Hotels

During this trip you will stay at a comfortable 3-star hotel.

Smokovec: Hotel Villa Siesta (or similar)

What is the accommodation like?

Hotel Villa Siesta

We've selected Hotel Villa Siesta for its warm and welcoming atmosphere, great value, and perfect location within walking distance of Stary Smokovec, the oldest spa village in the High Tatras. With cosy rooms, an on-site restaurant, and basic wellness facilities, it's the ideal spot for families to relax close to nature, with easy access to nearby trails, charming restaurants, and local places to explore.

Food

Meals included

Day 1: no meals

Day 2: Breakfast

Day 3: Breakfast

Day 4: Breakfast

Day 5: Breakfast

Day 6: Breakfast, Packed Lunch

Day 7: Breakfast

Day 8: Breakfast

What is the food like?

Breakfasts

Start your morning with a hearty buffet featuring fresh, local goodies like bread, cheese, meats, and seasonal fruits. Kids and adults alike will enjoy the warm options like eggs and sausages, plus lighter choices such as yogurt, cereals, and fresh fruit – plenty to fuel your family's day of adventure!

Lunch

The packed lunch on day six usually includes either a sandwich or baguette, fruit, and biscuits, perfect for picnic during your hike.

Dinners

Dinner in Stary Smokovec offers something for everyone! Dine at the hotel for a cozy and convenient meal, or head out to explore local restaurants that serve Slovak favorites like Bryndzové Halušky (potato dumplings with sheep cheese) along with international options. Many places focus on fresh, locally sourced ingredients, so whether you stay in or venture out, your family will enjoy a warm, welcoming taste of the High Tatras.

Special Dietary Requirements

We're committed to ensuring everyone, including those with special dietary needs, enjoys their meals. Whether you're gluten-free, vegetarian, or have other dietary preferences, we'll work with the hotel and local restaurants to accommodate your requirements. Let us know in advance, and we'll ensure delicious options are available so you can relax and enjoy every meal with peace of mind.

Extra Nights

If you need to arrive or leave on a different date, please contact us and we'd be more than happy to arrange extra pre or post tour accommodation for you.

Guides and Local Staff

On this mixed-activity holiday in the High Tatras, our friendly guide and local team will transform each day into a journey of discovery for everyone.

With deep roots in Slovakia, they know the best spots for winter fun, from scenic views to unique wildlife sightings.

They'll bring the Tatras to life with fascinating local legends, cultural traditions, and hidden wonders, making every moment magical.

Their love for these mountains ensures that your family's winter adventure goes beyond activities – it's an unforgettable experience, perfect for creating warm memories together in the heart of Slovakia's snowy beauty.

Kit list

Essentials for a Safe Journey

We recommend you pack as light as possible, with suitcases or backpacks that are easy for parents to lift and carry. A daypack for activities is also useful. Below you will find a recommended packing list. It is by no means exhaustive, so if you're in any doubt, please contact us.

- T-shirts and shorts
- Long-sleeved tops and trousers
- Jacket/coat/fleece
- Swimwear
- Walking boots
- Strong trainers
- Water bottle
- Small first-aid kit
- Sun cream, sunhat and sunglasses

How to Book Your Adventure

Email us at sales@slovakia-explorer.com or click the **ENQUIRE OR BOOK** button in the Dates and Prices section to let us know you're interested.

Let's start planning your adventure!

Need more information?

Feel free to contact us if you have any questions at all.

Our knowledgeable and helpful team is here to help, and we look forward to welcoming you to our spectacular country soon!

Why book with Slovakia Explorer

Experience Slovakia like a local with SLOVAKIA EXPLORER.

Our expert, in-country Slovak team is dedicated to crafting a unique, tailored holiday just for you. With 24/7 support and deep local knowledge, we ensure an unforgettable experience. Book with us and enjoy exceptional value while fully discovering the authentic charm of Slovakia.

