



**SLOVAKIA
EXPLORER**



High Tatras Hut-To-Hut Trek

Last updated: 09/03/2025

Hut to hut trekking in the High Tatras.

Holiday code: THH

Countries included: Slovakia

Activity level: 4

Themes: Walking and Trekking

Tour type: Self-Guided

Minimum age: 16

Duration: 8 days

Available in: Jun, Jul, Aug, Sep, Oct

Overview

Get into the heart of the **High Tatras** on a **hut-to-hut trek** in **Slovakia**. One of Eastern Europe's most adventurous and beautiful walking destinations, this area promises a **hiking holiday** to remember. You'll stay in remote **mountain huts**, which provide the perfect opportunity to appreciate the tranquillity of the landscape in the shadow of the mighty **mountain peaks**. And you'll follow diverse walking routes that take you across the **Tatras** from east to west via mountain lakes, **wildlife-rich valleys**, cascading **waterfalls** and two summits – including the highest point in Poland, Rysy.

Why we think this trip is fantastic, and you'll love it!

- **Hut to hut Trekking** in Slovakia's highest mountains.
- **Stays in mountain huts** located by glacial lakes in the middle of nowhere.
- **A trek to Rysy** Poland's highest peak.
- **A visit to Strbske Pleso** Slovakia's highest village.
- **Magical sunrises** and unforgettable sunsets.
- **Spectacular views** of majestic mountain peaks.



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Itinerary

Day 1: Start in Poprad or Krakow, then transfer to your hotel in the High Tatras, Slovakia

Meet us at your **preferred airport** and enjoy **hassle-free transport** directly to your hotel in **Tatranská Lomnica**, a picturesque village set against the breathtaking backdrop of **Lomnický Peak** in the **High Tatras**. Upon arrival, check in, relax, and take a moment to review the exciting itinerary for the days ahead.

Meals included: No meals included on this day.

Overnight: Tatranska Lomnica

Day 2: Walk through the Valley of the Seven Springs to Zelene Pleso hut

After breakfast, you transfer by public bus to **Tatranska Kotlina**, the official start of today's route.

Your route begins in dense forest near to the famous **Belianska Cave**. Continuing to **Plesnivec Hut**, you can take a rest, re-fuel and enjoy the forested surrounds, before arriving at **Zelene Pleso**, a glacial lake overlooking the majestic peaks of the **Belianske Tatras**.

Mountain huts are a great way to experience the majesty, solitude and might of the mountains. The huts are located in the middle of nowhere so you can soak up the views from dusk to dawn. They are also steeped in history and tradition, and usually have a story to tell. Locally-run, you'll be assured of a warm and hospitable stay.

Tonight's hut dates back to 1876. A traditional wooden cottage, it's wedged right next to a crystal-clear glacial lake and nestled in the shadow of 2,500m peaks. You'll be accommodated in multi-share rooms with bathrooms on each floor. There is a small restaurant and bar.

Walking: 6hrs, 12km / 7,5mi, 935m up, 859 m down

Meals included: breakfast, packed lunch, dinner

Overnight: Zelene Pleso

Day 3: Follow the Tatranska Magistrala Trail to Velka Svistovka Peak (2,037m), then onto Zamkovskeho hut

Leaving the beautiful hut of **Zelene Pleso** behind, it's time for a summit challenge. Following the famous **Tatranska Magistrala** path, you head to **Velka Svistovka peak** (2,037m).

The first part of the climb is on an easy, stony trail, past streams and waterfalls. As you head higher, the route turns rocky and you'll need to clamber over boulders and along little ridges. The more difficult sections are secured by chains. The route evens out as you get near to the top, where you'll be rewarded with stunning panoramic views of the **Belianske** and High Tatras with **Zelene Pleso Lake** (your starting point) below you.

The area around **Velka Svistovka** is also well-known for its high concentration of the Tatra chamois. Continue to **Skalnate Pleso** Mountain Lake (1,751m), home to an observatory and weather station. There may be time to look around it, before the gentle descent down to **Zamkovskeho Chata Hut** at the bottom of the **Studena Dolina** (Cold) Valley.

Zamkovskeho Chata Hut is located in the shadow of **Lomnický Peak**, which, at 2,634m, is the second highest mountain in Slovakia. The hut was built in 1943 to house partisans and their families. The hut has been recently renovated and provides cosy accommodation and has a restaurant.

Total walking: 5hrs, 8,5km/5,3mi, 548m up, 630m down

Meals included: breakfast, packed lunch, dinner

Overnight: Zamkovskeho Chata

Day 4: Trek to Studeny Potok Waterfalls, then continue to Rainerova Chata

and Sliezsky Dom

Your first stop is **Studený Potok** (Cold Stream) Waterfall. They are among the High Tatras' top ten attractions because the cascading waters are beautiful as they tumble down the mountain into crystal-clear pools below. As this trip is self-guided, you can stay at the waterfalls for as long as you wish, maybe dabbling your feet into the refreshing water!

You continue to **Rainerova Chata**, the oldest hut in the Tatras. Built in 1863, it's a traditional stone hut serving drinks and snacks. Then continue to **Sliezsky Dom**, the highest hotel in Slovakia and your home for the night; beautifully located in the foothills of the **Gerlachovský Peak**, the highest summit in Slovakia, near the **Velický Waterfall**, which is home to Tatra marmots, an endemic subspecies of the alpine marmot. They're often spotted playing on the rocks by the falls.

Walking: 5 hrs, 10km/6,2mi, 529m up, 344m down.

Meals included: breakfast, packed lunch, dinner

Overnight: Mountain hotel Sliezsky Dom

Day 5: Trek along the Tatranska Magistrala Trail to Popradske Pleso, rewarded with stunning views all day

This hiking tour from **Sliezsky Dom** to **Popradske Pleso Hut** is an unforgettable adventure through some of the most beautiful landscapes in the Tatras. Along the way, we'll experience the stunning beauty of glacial lakes, soaring peaks, and rugged mountain passes.

As we continue along the trail, we'll soon arrive at **Batizovské Pleso**, a crystal-clear mountain lake nestled in a stunning cirque beneath the towering **Batizovský peak**. This idyllic spot is the perfect place to rest and enjoy the spectacular views of the surrounding peaks and valleys.

Our next destination is **Sedlo pod Ostrvou**, a high mountain pass that offers breathtaking panoramic views of the Tatras. As we climb up the rocky path towards the pass, we'll pass by towering cliffs and rocky outcrops, with awe-inspiring views around every turn.

Finally, we'll reach **Popradske Pleso Hut**, our ultimate destination for the day. This cosy mountain lodge is situated on the shore of the tranquil Popradske Pleso Lake, surrounded by the stunning peaks of the Tatras. Here, we can rest and refuel with a hearty meal and a warm drink before continuing our journey deeper into the mountains.

Walking: 5,5hrs, 10km/6,2mi, 475m up, 623m down.

Meals included: breakfast, packed lunch, dinner

Overnight: Popradske Pleso mountain hotel

Day 6: Summit Rysy Mountain (2,053m) Poland's highest peak

Today, you'll attempt to summit **Poland's highest mountain, Rysy** (2,053m). It's a popular route because it's perfectly achievable without any technical expertise and has beautiful views into Slovakia and Poland from the top – the mountain forms the natural border between the two countries.

Starting out from **Popradske Pleso**, you follow easier trails next to forested hills and lakes, before heading up onto more difficult terrain with boulders to negotiate. As you get higher, the route turns into a very steep climb with numerous sections secured by chains.

You'll head to the highest of the three summits, the middle summit, which is renowned for offering one of the widest panoramas in the Tatras. If the weather's kind, you'll be able to see the highest peak in Slovakia, **Gerlachovský Štít** (1,654m), the Western Tatras and, on the Polish side, the biggest glacial lake in the range, **Morske Oko** (Sea Eye).

You'll return to your mountain hotel via the same route.

Walking: 8hrs, 11,5km/7mi, 1031m up, 1031m down.

Meals included: breakfast, packed lunch, dinner

Overnight: Popradske Pleso mountain hotel

Day 7: From Popradske Pleso hike to Strbske Pleso

From **Popradske Pleso**, follow an easy route to **Strbske Pleso** (1,347m), the highest village in the

Tatras with a glacial lake that's surrounded by forested hills and tall peaks. The village is one of the most popular destinations in Slovakia as it provides many kilometres of hiking routes and the chance to admire the lake itself.

Then, take the mountain tram back to **Tatranska Lomnica** (your starting hotel) to enjoy your last night in the stunning Tatras.

Walking: 2hrs, 5km/3,1mi, 93m up, 248m down.

Meals: breakfast

Overnight: Tatranska Lomnica

Day 8: Transfer back to the airport

Enjoy a smooth transfer back to your preferred airport, where your adventure comes to an end.

Meals included: Breakfast

Essential Holiday Information

Start point

Poprad or Krakow.

End point

Poprad or Krakow.

Getting there

Flights & Airport Options

Poprad or Krakow: Which One to Choose?

Poprad-Tatry International Airport, Slovakia

For the most convenient journey, we recommend flying from London Luton or London Stansted to Poprad-Tatry, nestled in the stunning foothills of the High Tatras. This route includes a quick and hassle-free transfer of just 20 minutes to your hotel, making it the ideal choice for those travelling from the UK.

Krakow International Airport, Poland

If flying to Poprad-Tatry isn't convenient, you can also fly to Krakow, which offers a wide range of international flights. For an additional fee, you can book a private transfer from Krakow Airport directly to your hotel. The journey takes about 2 hours and 15 minutes.

Prices of private transfers from Krakow

1-3 passengers: 125 Eur (one way)

4-7 passengers: 155 Eur (one way)

Inclusions

What's Included

- **Accommodation:** 7 nights in mountain huts and hotels
- **Meals:** 6 breakfasts, 5 lunches, 2 dinners
- **Transfers:** From and to the airport and everything in-between
- **Permits:** All permits and entry fees
- **Others:** Maps and detailed routing description

Not Included

- Flights
- Travel insurance

Extras

Single Room Supplement: Enjoy Extra Privacy

For a bit more privacy, opt for a single room supplement at 180 EUR and enjoy your own space on the journey!

Solo traveller: 250 EUR (including single room supplement)

Single Room Availability:

You can choose a single room on the following nights:

Day 1: Starting hotel in Tatranská Lomnica

Day 4: Mountain Hotel Sliezsky Dom

Days 5 & 6: Mountain Hotel Popradské Pleso

Day 7: Ending hotel in Tatranská Lomnica

No Single Room Availability:

Due to the nature of traditional mountain huts, single rooms are not available on these nights:

Day 2: Chata pri Zelenom plese (Zelené Pleso mountain hut)

Day 3: Zamkovského chata (Zamka mountain hut)

Interested in a single room? Let us know when booking, and we'll arrange it for you where possible!

Accommodation

Our Handpicked Hotels & Mountain Huts

During this journey, you'll stay in a mix of comfortable hotels and authentic mountain huts, offering a unique blend of adventure and relaxation.

Hotels & Mountain Huts by Night:

Day 1: Pension Slalom – Cozy **3-star hotel** (or similar)

Day 2: Chata pri Zelenom plese – Traditional **mountain hut**

Day 3: Zamkovského chata – Authentic **mountain hut**

Day 4: Sliezsky Dom – **4-star luxury mountain hotel** with **wellness facilities**

Days 5 & 6: Popradské Pleso – Classic **mountain hotel** with a true alpine atmosphere

Day 7: Pension Slalom – Comfortable **3-star hotel** (or similar)

This combination ensures a comfortable start and finish to your adventure, while the mountain huts provide a genuine high-altitude experience in the heart of the Tatras.

Food

Meals included

Day 1: none

Day 2: breakfast, packed lunch, dinner

Day 3: breakfast, packed lunch, dinner

Day 4: breakfast, packed lunch, dinner

Day 5: breakfast, packed lunch, dinner

Day 6: breakfast, packed lunch, dinner

Day 7: breakfast

Day 8: breakfast

What is the food like?

Enjoy a combination of buffet and continental breakfast each morning at the mountain huts and hotels, featuring a wide variety of options. In addition, the mountain huts and hotels can accommodate various dietary restrictions, including vegetarian and gluten-free diets.

Packed lunches typically include a sandwich or baguette, a piece of fruit, and a biscuit.

Five dinners are included. Mountain huts offer delicious home-cooked meals.

Mountain hotels on days 4, 5, and 6 provide a restaurant with a wide selection of local specialties to choose from à la carte.

Extra Nights

If you need to arrive or leave on a different date, please contact us and we'd be more than happy to arrange extra pre or post tour accommodation for you.

Self-Guided Package

On this walking holiday, you'll follow a **carefully planned route**, designed to make your journey smooth and enjoyable. In fact, did you know that the **trail marking system in Slovakia is one of the best in the world?**

Kit list

Essentials for a Safe Journey

We recommend you pack as light as possible. Below you will find a recommended packing list. There is no specialist walking or climbing equipment, such as harnesses etc., needed for this trip.

- Walking boots
- Trainers
- Shorts and t-shirts
- Walking trousers and tops
- Fleece or warm jumper
- Waterproofs
- Water bottle
- Small first-aid kit
- Sun cream, sunglasses and sunhat

How to Book Your Adventure

Email us at sales@slovakia-explorer.com or click the **ENQUIRE OR BOOK** button in the Dates and Prices section to let us know you're interested.

Let's start planning your adventure!

Need more information?

Feel free to contact us if you have any questions at all.

Our knowledgeable and helpful team is here to help, and we look forward to welcoming you to our spectacular country soon!

Why book with Slovakia Explorer

On this tour we will take you safely along perfectly marked trails through the most beautiful parts of the High Tatras, the highest mountains in Slovakia. By staying in different mountains huts you'll get a completely different and authentic experience during this trek. Add in an exhilarating trek to Poland's highest peak, Rysy, (2,503 m), and this really is an experience of a lifetime.