

Tatra Winter Activity Week

Last updated: 09/03/2025

Multi-activity winter holiday in the Slovakian High Tatras.

Holiday code: AWT

Countries included: Slovakia

Activity level: 3

Themes: Multi Activity, Winter

Tour type: Guided Groups

Minimum age: 16 Duration: 8 days Available in: Jan, Feb

Overview

Dive into the heart of **Slovakia's High Tatras** with this exclusive eight-day **winter adventure**, designed for those seeking a blend of **exhilarating activities** and peaceful mountain landscapes. Discover snow-dusted trails, frozen waterfalls, and stunning panoramic views as you explore this iconic alpine region.

Why we think this trip is fantastic, and you'll love it!

- Winter Walking Stroll through the snowy Mlynická Valley and see a breathtaking frozen waterfall.
- **Snowshoeing** Trek along scenic ridges once used by smugglers, with stunning views of the Belianske Tatras and Pieniny National Park.
- **Dog Sledding & Thermal Pools**—Enjoy the thrill of dog sledging and unwind in warm thermal pools surrounded by mountain views.
- Mountain Huts & Frozen Waterfalls Discover the charm of traditional mountain huts and the magic of icy waterfalls.
- Skiing & Sledding—Try the longest slopes in the Tatras, perfect for skiers and sledging enthusiasts.

This winter adventure combines outdoor excitement with cosy relaxation, creating unforgettable memories in Slovakia's snow-covered wonderland.



Itinerary

Day 1: Start in Poprad or Krakow, then transfer to your hotel in the High Tatras, Slovakia

Meet us at your **preferred airport** and enjoy **hassle-free transport** directly to your hotel in **Smokovec**, a cosy village at the foot of **Gerlachovsky Peak** in the **High Tatras**. After check-in, relax and enjoy the surroundings.

Later, join your group for an introductory briefing with your guide, who will outline the exciting plans for the days ahead.

Meals included: no meals included on this day

Overnight: Smokovec

Day 2: Take the Tatra tram to Strbske Pleso, then go on a winter walk to Skok waterfall

Hop on the **Tatra tram** to **Strbske Pleso**, Slovakia's highest village, for a winter walk to the stunning, frozen **Skok waterfall**. Immerse yourself in the serene beauty of the **Tatra wilderness**, with opportunities to spot the elusive **chamois** and enjoy a peaceful **picnic** in the snowy landscape. In the afternoon, return by tram to Smokovec.

Walking: 4 hours, 10km/6,2mi, 406m up, 406m down

Meals included: Breakfast, Packed Lunch

Overnight: Smokovec

Day 3: Dog-sledding and Thermal Pools

Today, prepare for an exhilarating day in the **Tatra** meadows, perfect for an unforgettable dog sledging experience. After learning the basics from a professional musher, you can try driving the sledge yourself, gliding across snowy landscapes with your team of sledge dogs.

We'll then enjoy a cosy **lunch** at a **traditional mountain cottage** before heading to **Besenova Aqua Park** to unwind in the warm, soothing **thermal springs**. In the late afternoon, we'll return to **Smokovec**, refreshed and full of memories from the day's adventure.

Meals included: Brekfast Overnight: Smokovec

Day 4: Take a cable car ride to ice sculptures, winter walk to Rainerova hut and transfer to Zdiar for down-hill sledding and visit to outdoor museum

Start your day with a cable car ride up to **Hrebienok** (1285m) to explore the **Tatra Ice Dome**, marveling at beautiful ice sculptures. Enjoy a gentle **winter walk** to **Rainerova Hut**, the oldest hut in the Tatras, where you can warm up and take in the views. Later, we'll transfer to the charming village of **Zdiar** for some exciting downhill sledding and a fun visit to an outdoor museum that showcases local Goral culture. This multi-activity day combines adventure, culture, and winter magic for everyone!

Walking: 1,5 hours, 2,8km/1,8mi, 73m up, 73m down

Meals included: Breakfast
Overnight: Smokovec

Day 5: Snowshoeing Along the Smuggler's Path

After breakfast, we'll head to **Bachledova Valley** for a snowshoe hike. We'll explore a former smuggler's trail along the ridge, with stunning views of **Pieniny National Park** and the **Belianske Tatras**. After a relaxing lunch, we'll make our way down to the charming Goral village of **Ždiar** before



returning to the hotel.

Walking: 5 hours, 10km/6,2mi, 285m up, 407m down

Meals included: Breakfast, Packed Lunch

Overnight: Smokovec

Day 6: Skiing or Snowboarding in Tatranska Lomnica

After breakfast, we'll head to **Tatranska Lomnica** for some of the best **skiing** in the High Tatras. Tackle one of the **longest downhill runs**, gliding from high altitude to the village below. With trails for beginners and experienced skiers, there's something for everyone. Need a refresher? We can arrange a ski lesson to get you ready. Grab your skis, and let's make today unforgettable!

Meals included: Breakfast
Overnight: Smokovec

Day 7: Free Day for Optional Activities

The choice is yours! Hit the slopes, hike to a mountain hut, try cross-country skiing at Štrbské Pleso, or enjoy a scenic horse-drawn carriage ride. For a relaxing day, visit Belianska Cave or AquaCity Poprad, a water park with thrilling slides, thermal pools, and a wellness centre. History lovers can explore the UNESCO town of Levo?a or the TANAP Museum. Whatever you choose, your guide is here to assist!

Meals included: Breakfast
Overnight: Smokovec

Day 8: Transfer back to the airport

Enjoy a smooth transfer back to your preferred airport, where your adventure comes to an end.

Meals included: no meals included on this day

Essential Holiday Information

Start point

Poprad-Tatry, International Airport, Slovakia

End point

Poprad-Tatry, International Airport, Slovakia

Getting there

Flights & Airport Options

Poprad or Krakow: Which One to Choose?

Poprad-Tatry International Airport, Slovakia

For the most convenient journey, we recommend flying from London Luton or London Stansted to Poprad-Tatry, nestled in the stunning foothills of the High Tatras. This route includes a quick and hassle-free transfer of just 20 minutes to your hotel, making it the ideal choice for those travelling from the UK.

Krakow International Airport, Poland

If flying to Poprad-Tatry isn't convenient, you can also fly to Krakow, which offers a wide range of international flights. For an additional fee, you can **join a group transfer** from Krakow Airport directly to your hotel. The journey takes about 2 hours and 15 minutes.

Price: €49 per person



On day one, the transfer departs Krakow Airport at 17:00.

On your **final day**, the transfer leaves the High Tatras **after lunch** and drops you off at Krakow Airport **by 16:00**. **Plan your flights accordingly**.

*Private transfers at alternative times are available upon request.

Inclusions

What's Included

- Seven Nights: Relax in a cosy, family-friendly three-star hotel for the perfect winter getaway.
- Meals: Enjoy seven hearty breakfasts and two delicious lunches to keep you fueled for fun!
- All Activities: Every adventure listed in the itinerary is included, from snowshoeing to skiing!
- Transfers: Airport pick-ups and all transfers during your trip make travel easy and stress-free.
- Local Guide: Our friendly, English-speaking guide will be with you every step of the way.

What's not Included

- Travel insurance
- Flights
- Ski pass
- Anything not mentioned in the itinerary

Extras

For a bit more privacy, opt for a single room supplement at 159 EUR and enjoy your own space on the journey!

Accommodation

Our Selected Hotels

For this trip, we've hand-picked a hotel for its convenient location and good value for money.

Novy Smokovec: Hotel Villa Siesta

What is the accommodation like?

Hotel Villa Siesta

We've selected Hotel Villa Siesta for its warm and welcoming atmosphere, great value, and perfect location within walking distance of Stary Smokovec, the oldest spa village in the High Tatras. With cosy rooms, an on-site restaurant, and basic wellness facilities, it's the ideal spot for families to relax close to nature, with easy access to nearby trails, charming restaurants, and local places to explore.

Food

Meals included

Day 1: none

Day 2: Breakfast, Packed Lunch

Day 3: Breakfast

Day 4: Breakfast

Day 5: Breakfast, Packed Lunch

Day 6: Breakfast

Day 7: Breakfast

Day 8: Breakfast

What is the food like?

Breakfasts

Start your morning with a hearty buffet featuring fresh, local goodies like bread, cheese, meats, and seasonal fruits. Kids and adults alike will enjoy the warm options like eggs and sausages, plus lighter choices such as yogurt, cereals, and fresh fruit – plenty to fuel your family's day of adventure!



Lunches

On days two and four, enjoy a packed lunch with a fresh sandwich or baguette, fruit, and biscuits—perfect for a picnic on your winter walks.

On the other days, we'll explore local restaurants in the Tatras. Here, you can savour traditional Slovak specialities and various international dishes, ensuring there's something for every taste.

Dinners

Dinner in Stary Smokovec offers something for everyone! Dine at the hotel for a cozy and convenient meal, or head out to explore local restaurants that serve Slovak favorites like Bryndzové Halušky (potato dumplings with sheep cheese) along with international options. Many places focus on fresh, locally sourced ingredients, so whether you stay in or venture out, your family will enjoy a warm, welcoming taste of the High Tatras.

Special Dietary Requirements

We're committed to ensuring everyone, including those with special dietary needs, enjoys their meals. Whether you're gluten-free, vegetarian, or have other dietary preferences, we'll work with the hotel and local restaurants to accommodate your requirements. Let us know in advance, and we'll ensure delicious options are available so you can relax and enjoy every meal with peace of mind.

Extra Nights

If you need to arrive or leave on a different date, please contact us and we'd be more than happy to arrange extra pre or post tour accommodation for you.

Guides and Local Staff

On this multi-activity winter holiday in the High Tatras, our friendly guide and local team will transform each day into a journey of discovery for everyone.

With deep roots in Slovakia, they know the best spots for winter fun, from scenic views to unique wildlife sightings.

They'll bring the Tatras to life with fascinating local legends, cultural traditions, and hidden wonders, making every moment magical.

Their love for these mountains ensures that your winter adventure goes beyond activities – it's an unforgettable experience, perfect for creating warm memories together in the heart of Slovakia's snowy beauty.

Kit list

We recommend you pack as light as possible, with a suitcases or backpacks that are easy for parents to lift and carry, because you will be expected to carry your own bag during travelling, taking it to your hotel room etc.

You will also need a day pack/bag to carry water and a camera etc for day trips. Below you will find a recommended packing list. It is by no means exhaustive, so if you're in any doubt, please contact us.

- A thick coat or ski jacke
- Thermals
- Waterproof trousers
- Fleeces and warm jumpers
- · Gloves, hat and scarf
- Walking boots
- Strong trainers
- Water bottle
- Small first-aid kit
- Sun cream and sunglasses
- Swimwear, beach towels and flip flops for thermal pools

How to Book Your Adventure

Email us at **sales@slovakia-explorer.com** or click the **ENQUIRE OR BOOK** button in the Dates and Prices section to let us know you're interested.

Let's start planning your adventure!



Need more information?

Feel free to contact us if you have any questions at all.

Our knowledgeable and helpful team is here to help, and we look forward to welcoming you to our spectacular country soon!

Why book with Slovakia Explorer

Experience Slovakia like a local with Slovakia Explorer.

Our expert, in-country Slovak team is dedicated to crafting a unique, tailored holiday just for you. With 24/7 support and deep local knowledge, we ensure an unforgettable experience. Book with us and enjoy exceptional value while fully discovering the authentic charm of Slovakia.

